



LEEDS
BECKETT
UNIVERSITY

Course Specification

BSc (Hons) Therapeutic Counselling (Top Up)

Course Code: BSTHC

2019/20

leedsbeckett.ac.uk

BSc (Hons) Therapeutic Counselling

Material Information Summary for 2019/20 Entrants

Confirmed at 5th October 2018

General Information

Award	Bachelor of Science (with Honours) Therapeutic Counselling
Contained Awards	Bachelor of Science Therapeutic Counselling
Awarding Body	Leeds Beckett University
Level of Qualification & Credits	Level 6 of the Framework for Higher Education Qualifications, with 120 credit points for level 6 of the UK Credit Framework for Higher Education (top-up award)

Course Lengths & Standard Timescales

The standard start date for Leeds Beckett University induction week is reproduced below and relates to the majority of students starting a course in September 2019. A proportion of courses have alternate start dates which are displayed on the online prospectus and additionally will be notified to the students concerned via the offer letter. Non-September starters will also have their start dates confirmed in their offer letters.

- 1 year (full time, campus based)
Starts 23rd September 2019/ Ends June 2022
- 2 years (part time, campus based)
Starts 23rd September 2019/ Ends June 2023

Part Time Study	PT delivery is usually at half the intensity of the FT equivalent course, although there may be flexibility to increase your pace of study to shorten the overall course duration. Some modules may be delivered in a different sequence from that advertised within this Course Specification but the modules offered within each level are as advertised.
Location(s) of Delivery	City Campus, Leeds
Entry Requirements	Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer are located here: http://www.leedsbeckett.ac.uk/studenthub/recognition-of-prior-learning/
Course Fees	Course fees and additional course costs are confirmed in your offer letter

Timetable Information

Timetables will be made available to students during induction week via:

- i) The Student Outlook Calendar
- ii) The Student Portal
- iii) The Leeds Beckett app

Any difficulties relating to timetabled sessions can be discussed with your Course Administrator.

Policies, Standards and Regulations

<http://www.leedsbeckett.ac.uk/public-information/>

There are no additional or non-standard regulations which relate to your course

Key Contacts

Your Course Leader Tracy Hitchcock

Your Academic Advisor Your Academic Advisor from the course team will be confirmed at induction

Your Course Administrator Charlotte Benn

Professional Accreditation or Recognition Associated with the Course

Professional Body There are no professional, statutory or regulatory bodies associated with this course.

Course Overview

Aims

The intention of the course is to facilitate independent and reflexive learning so that students are able to effectively direct their future study and meet the challenges of the fluid and changing profession. This fits the University's Education Strategy 2016-21 of enabling independent learning.

This course enriches the process of continuing professional development enabling practitioners to establish informed and effective counselling in diverse settings and communities. Continuing professional development is a requirement for continuing membership of the British Association for Counselling and Psychotherapy (BACP) and the UK Council for Psychotherapy (UKCP), the two main professional counselling and psychotherapy bodies.

The aim is to create an inclusive learning community in which students learn from each other's experiences, perspectives and work context.

Course Learning Outcomes

At the end of the course, students will be able to:

1	Demonstrate an integration of critical evaluation of theory and research, application of theory to practice with critical self-reflection and taking account of issues of ethnicity, class, gender, disability, age, religion and sexuality.
2	Demonstrate a critical understanding of the key theoretical orientations of counselling, through use of contemporary digital technology.
3	Demonstrate a critical understanding of key issues and debates in psychological therapies within contrasting local and global contexts and including analysis of ethical and legal concerns and analysis of historical, organisational and commercial influences.
4	Demonstrate a critical understanding of group work and process within diverse cultural, organisational and commercial contexts, including a critical understanding of the significance of identities and of the practical application to the workplace.
5	Demonstrate a critical understanding of the principal models, research evidence, ethical considerations and power dynamics in contemporary supervision practice, making use of digital literacy skills and academic scholarship.
6	Demonstrate competence as an autonomous and reflective learner with the increased confidence to access and critically use a range of digital technologies, in order to research, communicate ideas, present findings and critically reflect on one's own capacity to influence future career and lifelong learning.

Teaching and Learning Activities

Summary

In line with the learning and teaching approaches described above, and in order to meet the learning outcomes of modules, a wide variety of teaching methods are used. The range includes tutorials, group and individual experiential activities, case study discussion, research project supervision sessions, tutor-led lectures and presentations, student-led learning activities and group discussion. Interaction between students is seen as an important opportunity for students to learn by sharing their own and their peers' diverse experience, values, identities and opinions.

Modules are characterised by the integration of theory, research evidence, clinical application and personal reflection. Activities are challenging and authentic and relate to diverse workplaces and real-world contexts, thereby enhancing the students' practice and their potential for employment. The following example demonstrates how learning outcomes are linked and extended through the course. In the 'Group Therapies' module, students plan and facilitate a group experience that links to their practice and contributes to the development of their profile as a professional counsellor. Participation in group discussion and integration of theory and practice in the 'Theories of Therapy' module supports students to prepare for this activity. In turn, this activity helps students prepare for the group experience that forms part of the 'Supervision in Practice' module. Furthermore, specific examination of students' personal stance and professional contexts is extended in the 'Issues and Debates' module.

The teaching and learning style is largely student-centred with students participating in a variety of activities, both formal and informal, in a climate that supports difference in learning styles and needs, and that encourages the active inclusion and engagement of all students.

Your Modules

(Correct for students progressing through the programme within standard timescales. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable).

Level 6 Core Modules (2019/20 for FT students and 2019/20 and 2020/21 for PT students)

Group Therapies & Group Work

Issues & Debates in Psychological Therapies

Supervision in Practice

Theories of Therapy

Theory & Practice of Research

Assessment Balance and Scheduled Learning and Teaching Activities by Level

The assessment balance and overall workload associated with this course are calculated from core modules and a sample of option module choices undertaken by a typical student. They have been reviewed and confirmed as representative by the Course Director.

A standard module equates to 200 notional learning hours, which may be comprised of teaching, learning and assessment, placement activities and independent study. Sandwich placement years spent out of the University are not be included in the calculation unless they are credit bearing and attributed to a level of the course. Modules may have more than 1 component of assessment.

Assessment Balance	Level 6
Examination	0%
Coursework	100%
Practical	0%
Overall Workload	
Teaching and Learning	176 hours
Independent Study	1024 hours
Placement	-

Learning Support

If you have a question or a problem relating to your course, your Course Administrator is there to help you. Course Administrators works closely with academic staff and can make referrals to teaching staff or to specialist professional services as appropriate. They can give you a confirmation of attendance letter, and a transcript. You

may also like to contact your Course Rep or the Students' Union Advice team for additional support with course-related questions.

If you have any questions about life at our University in general, call into or contact the Student Hub on either campus to speak to our Student Experience Team. This team, consisting of recent graduates and permanent staff, are available to support you throughout your time here. They will make sure you have access to and are aware of the support, specialist services, and opportunities our University provides. There is a Student Hub on the ground floor of the Rose Bowl at City Campus and one in Campus Central at Headingley. You can also find the team in the Gateway in the Leslie Silver Building at City Campus. The telephone number is 0113 812 3000, and the e-mail address is StudentHub@leedsbeckett.ac.uk.

Within MyBeckett you will see two tabs (Support and Opportunities) where you can find online information and resources for yourselves. The **Support** tab gives you access to details of services available to give you academic and personal support. These include Library Services, the Students' Union, Money advice, Disability advice and support, Wellbeing, International Student Services and Accommodation. There is also an A-Z of Support Services, and access to online appointments/registration.

The **Opportunities** tab is the place to explore the options you have for jobs, work placements, volunteering, and a wide range of other opportunities. For example, you can find out here how to get help with your CV, prepare for an interview, get a part-time job or voluntary role, take part in an international project, or join societies closer to home.