



LEEDS
BECKETT
UNIVERSITY

Course Specification

Dip HE Therapeutic
Counselling

Course Code: DTHER

2019/20

leedsbeckett.ac.uk

Dip HE Therapeutic Counselling

Material Information Summary for 2019/20 Entrants

Confirmed at 5th October 2018

General Information

Award	Diploma of Higher Education Therapeutic Counselling
Contained Awards	Not applicable
Awarding Body	Leeds Beckett University
Level of Qualification & Credits	Level 5 of the Framework for Higher Education Qualifications, with 120 credit points at level 5 of the UK Credit Framework for Higher Education

Course Lengths & Standard Timescales

The standard start date for Leeds Beckett University induction week is reproduced below and relates to the majority of students starting a course in September 2019. A proportion of courses have alternate start dates which are displayed on the online prospectus and additionally will be notified to the students concerned via the offer letter. Non-September starters will also have their start dates confirmed in their offer letters.

- 2 years (part time, campus based)

Starts 23rd September 2019/ Ends June 2021

Location(s) of Delivery	City Campus, Leeds (plus location of placement)
Entry Requirements	Admissions criteria are confirmed in your offer letter. Details of how the University recognises prior learning and supports credit transfer are located here: http://www.leedsbeckett.ac.uk/studenthub/recognition-of-prior-learning/
Course Fees	Course fees and additional course costs are confirmed in your offer letter

Timetable Information

Timetables will be made available to students during induction week via:

- i) The Student Outlook Calendar
- ii) The Student Portal
- iii) The Leeds Beckett app

Any difficulties relating to timetabled sessions can be discussed with your Course Administrator.

Policies, Standards and Regulations

<http://www.leedsbeckett.ac.uk/public-information/>

The course is authorized to use the Fitness to Practise Policy and Procedure.

Exemption from academic credit through any prior learning (RPL/RPEL/RPCL/credit transfer) is not allowed. The course has attendance requirements and all assessments must be passed.

Key Contacts

Your Course Leader	Roger Higgins
Your Academic Advisor	Your Academic Advisor from the course team will be confirmed at induction
Your Course Administrator	Charlotte Benn

Placement Information

Summary	Placement - clinical practice with clients in a confidential setting in a placement from the University approved list. 100 hours.
Length	100 hours client contact over approximately 60 weeks.
Location	Student's choice and University-approved

Professional Accreditation or Recognition Associated with the Course

Professional Body	British Association for Counselling and Psychotherapy
How is Accreditation/ Recognition Achieved?	Completion of the course allows graduates to work towards becoming a registered member of the BACP.
Course Accreditation/ Recognition Period	Current to 08/12/21

Course Overview

Aims

The aims of the programme are to:

1. To provide an education and training in therapeutic counselling and psychotherapy that meets the standards for professional accreditation.
2. To offer a systematic and thorough education and training in the relational approach to therapeutic counselling and psychotherapy

Course Learning Outcomes

At the end of the course, students will be able to:

1	Be working within professional standards, incorporating digital literacy (IT skills) required of professional therapeutic practitioner.
2	Be working competently in both the theory and practice of a relational approach to counselling, working with complex presentations and problem solving with other professional in the field.
3	Have developed a reflexive understanding of and an ability to integrate a range of theoretical approaches into a coherent model of practice.
4	Work with the knowledge, skills and ethical awareness as a reflective practitioner, problem solving professional issues and ethical dilemmas.
5	Have developed the ability to work ethically and competently with diversity and with an anti-oppressive practice noting that stereotypes and various meanings, are socially constructed.

Teaching and Learning Activities

Summary

A typical day on the course:

- Session One: Skills Training / Personal Development Groups 1 ½ hours
- Break (groups swap over here)

Break

- Session Two: Theory Lecture followed by seminar groups

Your Modules

(Correct for students progressing through the programme within standard timescales. Students who are required to undertake repeat study may be taught alternate modules which meet the overall course learning outcomes. Details of module delivery will be provided in your timetable).

Level 5 Core Modules (2019/20 and 2020/21 for PT students)

Becoming a Therapist

Personal & Professional Development 1

Personal & Professional Development 2

Relational Framework

Therapeutic Process & Supervision

Therapeutic Skills

Assessment Balance and Scheduled Learning and Teaching Activities by Level

The assessment balance and overall workload associated with this course are calculated from core modules and a sample of option module choices undertaken by a typical student. They have been reviewed and confirmed as representative by the Course Director.

A standard module equates to 200 notional learning hours, which may be comprised of teaching, learning and assessment, placement activities and independent study. Sandwich placement years spent out of the University are not be included in the calculation unless they are credit bearing and attributed to a level of the course. Modules may have more than 1 component of assessment.

Placements on this course will be assessed.

Assessment Balance	Level 5
Examination	0%
Coursework	45%
Practical skills	55%
Overall Workload	
Teaching and Learning	560 hours
Independent Study	540 hours
Placement	100 hours

Learning Support

If you have a question or a problem relating to your course, your Course Administrator is there to help you. Course Administrators works closely with academic staff and can make referrals to teaching staff or to specialist professional services as appropriate. They can give you a confirmation of attendance letter, and a transcript. You may also like to contact your Course Rep or the Students' Union Advice team for additional support with course-related questions.

If you have any questions about life at our University in general, call into or contact the Student Hub on either campus to speak to our Student Experience Team. This team, consisting of recent graduates and permanent staff, are available to support you throughout your time here. They will make sure you have access to and are aware of the support, specialist services, and opportunities our University provides. There is a Student Hub on the ground floor of the Rose Bowl at City Campus and one in Campus Central at Headingley. You can also find the team in the Gateway in the Leslie Silver Building at City Campus. The telephone number is 0113 812 3000, and the e-mail address is StudentHub@leedsbeckett.ac.uk.

Within MyBeckett you will see two tabs (Support and Opportunities) where you can find online information and resources for yourselves. The **Support** tab gives you access to details of services available to give you academic and personal support. These include Library Services, the Students' Union, Money advice, Disability advice and support, Wellbeing, International Student Services and Accommodation. There is also an A-Z of Support Services, and access to online appointments/registration.

The **Opportunities** tab is the place to explore the options you have for jobs, work placements, volunteering, and a wide range of other opportunities. For example, you can find out here how to get help with your CV, prepare for an interview, get a part-time job or voluntary role, take part in an international project, or join societies closer to home.
